GW COMMITMENT TO HEALTH & WELLBEING

Individually, we commit to...

CARE FOR MYSELF

I will monitor myself for symptoms of COVID-19 and seek appropriate medical attention.

I will engage, as I am able, in routine hygiene practices such as washing my hands regularly with soap and water, using hand sanitizer, and other measures to promote routine cleanliness.

I will receive vaccines as directed by university authorities, to support the health and safety of the GW community, unless an exemption has been granted. This may include the COVID-19 vaccine, flu vaccine, or boosters as they become available.

I will seek clarification and support when I need it, including physical and mental health resources, and will address any difficulties I have with upholding this commitment.

CARE FOR OTHERS

I will maintain appropriate physical distance and be mindful that other community members may have particular vulnerabilities.

I will stay home and isolate if I am ill or have been asked by public health authorities to do so.

I will wear a mask or face covering when required on campus and, off-campus, as required by local health departments. I will respect the choices of those who continue to wear a mask or face covering even when not required.

I will #RaiseHigh and help others who may be struggling, including kindly reminding others of this commitment when needed.

CARE FOR OUR COMMUNITY

I will take part in cleaning shared or communal spaces as well as my personal belongings and spaces regularly.

I will participate in testing and contact tracing as directed for community wellness.

I will cooperate with directives, including signage from the university and public health officials.

I will support the diverse and valuable identities of the GW community by intervening in or reporting bias-related incidents at diversity.gwu.edu.